

SENIOR CITIZEN ADVISORY COMMITTEE  
Minutes  
**Thursday, January 15, 2009**

**Present:** Jane-Helen Ross, Estelle Knurek, Donna Mattison, Joe Mehan, Claire Mehan, Kathy Bagley, Adele Antoniou, Kathi Liberman, Marybeth Dwayne, Christine Taylor, Nancy Stilwell

The meeting was called to order at 3:08 PM.

**Minutes:** Minutes of the previous meeting were distributed. A motion to accept was made by Joe Mehan and seconded by Jane Helen Ross. The minutes were approved.

**Old Business:**

The spring educational workshop will be held on May 7<sup>th</sup>, 2:00 – 4:00 PM. The workshop will feature Lynn McPhelimy who wrote In the Checklist of Life, a workbook for dealing with end of life issues and providing instructions for family members. Following the speaker, various break-out sessions on different topics will be available for participants.

**New Business:** Volunteer Recognition Night will be April 23<sup>rd</sup> at 7:00 PM. The Youth Advisory Board is working on getting a speaker and is getting organized to send out invitations and solicit raffle prizes.

**Reports:**

- Council – No report
- Wethersfield Housing Authority – Kathi Liberman reported that the housing authority is taking applications for seniors and those with moderate incomes even though there remains a long waiting list. The Seniors and partners program with SDMS is going into its 10<sup>th</sup> year..
- Clergy – no report
- AARP – Jane Helen Ross reported that AARP is doing better and is in the process of planning trips.
- Elderly Service – Chris Taylor reported on the “Money Follows the Person” program that applies to those who have been in a nursing home for six months or more. The funds will be used to help them return to the community and continue to get the services they need. She also reported that there is a new program to subsidize heating upgrades for those in need (i.e. replacement furnaces, etc) who have oil heat.
- WACPD – Chris Taylor reported that the holiday party in December attracted over 100 people. The Wethersfield High School chorus provided entertainment. The annual WACPD meeting devoted to transportation issues has been postponed from January to March 18<sup>th</sup>.
- Seniors Club – Jane Helen Ross reported that all is going well.
- Social Services/Senior Center – Donna Mattison reported that blood pressure screening continues on Wednesdays with several agencies having offered to provide the service. A new schedule of SeniorNet classes for January through July

is available. Programs on travel culture and the arts have met with mixed success. Wii bowling continues to grow with new teams forming.

- Nancy Stilwell provided an update on ITN. The program has been delayed by several problem but the new timeline calls for rides to begin in spring. The Department of Social and Youth Services is working with the Town and is prepared to open a shelter if needed during the extreme cold weather.

The meeting was adjourned at 3: 55 pm

Respectfully submitted,

Nancy Stilwell, Ph.D.  
Director, Social and Youth Services